



CITY OF SURPRISE
Regular City Council Work Session
16000 N. Civic Center Plaza
Surprise, AZ 85374
Tuesday, May 7, 2019 @ 5:00 PM
COUNCIL CHAMBERS

- A. Call To Order
- B. Roll Call
- C. Pledge of Allegiance
- D. Proclamation and Community Acknowledgements
- E. City Manager Report
- F. City Clerk Report
- G. Call To The Public

INSTRUCTIONS: In order to address the City Council, you will need to fill out a Call to the Public Form available at the front counter, and then turn it in to the City Clerk before the meeting begins.

[Download the Call to the Public form](#) (PDF download requires Adobe Acrobat Reader)

[Fill out the Call to the Public form online](#) If submitting form electronically, please submit to City Clerk at least one hour before the meeting start time.

The Call to the Public form is also available at the front counter.

Note: A.R.S. 38-431.01(H)- During this time members of the public may address City Council only on issues within the jurisdiction of the City Council which are not an item on the agenda. At the conclusion of the open call, City Council may respond to criticism, may ask staff to review the matter or may ask that the matter be put on a future agenda. No discussion or action shall take place on any item raised.

Approval of items on the Consent Agenda – all items with an asterisk (*) are considered to be routine matters and will be enacted by one motion and one roll call vote to the City Council. There will be no separate discussion on these items unless a Councilmember requests, in which event the item will be removed from the consent agenda and considered in its normal sequence on the agenda.

Please be aware that Council Members may not discuss or respond to matters raised during call to the public that are not specifically identified on the agenda. Council Members may however, in their discretion, discuss or respond to relevant matters raised during a noticed public hearing or agenda item.

H. Regular City Council Meeting Agenda

CONSENT AGENDA:

REGULAR AGENDA ITEM - PUBLIC HEARING:

REGULAR AGENDA ITEM - NON-PUBLIC HEARING:

- | | | | |
|----|----------|---|---|
| 1. | Citywide | Presentation and discussion regarding the City of Surprise becoming a Dementia Friendly City. | None |
| | | | Seth Dyson
Human Svcs and
Comm Vitality |
- I. Other Business and Future Agenda Items

J. City Council Reports

K. Executive Session

For information Purposes; Upon a public majority vote of a quorum of the City Council, the Council may hold an executive session, which will not be open to the public, but for only the following purposes:

- discussion or consideration of personnel matters (A.R.S. §38-431.03 (A)(1));
- discussion or consideration of records exempt by law from public inspection (A.R.S. §38-401.03 (A)(2));

L. Adjournment

SHERRY ANN AGUILAR, CITY CLERK, MMC

POSTED: May 2, 2019 at 2:20 PM

SPECIAL NOTE: PERSONS WITH SPECIAL ACCESSIBILITY NEEDS, INCLUDING LARGE PRINT MATERIALS OR INTERPRETER, SHOULD CONTACT THE CITY CLERK'S OFFICE @ 623.222.1200 OR TTY 623.222.1002, BY NO LATER THAN 24 HOURS IN ADVANCE OF THE REGULAR SCHEDULED MEETING TIME.



CITY OF SURPRISE
Regular City Council Work Session

Council Meeting Date: May 7, 2019

Contact Person: Seth Dyson, DIRECTOR - HSCV

Submitting Department: Human Svcs and Comm Vitality

District: Citywide

Staff Recommendations: None

Consent: No

Regular: Yes

Public Hearing: No

Report/Discussion: No

Agenda Wording:

Presentation and discussion regarding the City of Surprise becoming a Dementia Friendly City.

Motion:

Discussion only

Background:

Presentation from the Banner Sun Health Research Institute and Banner's Alzheimer's Institute, Family & Community Services Director, Lori Nisson, LCSW.

Objective Analysis:

This presentation will introduce Surprise to Dementia Friends and how to become a Dementia Friendly City.

Policy Compliant:

This presentation is compliant with City and Council policies.

Financial Impact:

None; presentation only.

Budget Impact:

None; presentation only.

FTE Impact:

This item does not impact the overall full time equivalent count.

ATTACHMENTS:

1. Presentation
-



Dementia Friends Surprise

**Lori Nisson, LCSW
Family & Community Services Director
Banner Sun Health Research Institute
Banner Alzheimer's Institute**

What is Dementia Friends?

- Developed by the Alzheimer's Society in the United Kingdom
- A social grassroots movement aims to improve society's understanding of dementia
- Help community members:
 - Understand what dementia is
 - How dementia affects people
 - How we **all** can make a difference in the lives of people with dementia

Five Key Messages

- Dementia is not a normal part of aging.
- Dementia is caused by a disease of the brain.
- Dementia is not just about having memory problems.
- It is possible to have a good quality of life with dementia.
- There's more to the person than the dementia.

Dementia Friendly America Model

Phase 1: Convene community leaders & partners to understand dementia and its implications

Phase 2: Engage key leaders to assess current strengths and gaps

Phase 3: Analyze community needs, determine issues, set community goals

Phase 4: Develop a community action plan to includes objectives & strategies; seek funding as needed to support/sustain the plan

Dementia Friendly Tempe

- Banner Alzheimer's Institute partnered with City of Tempe 2015
- Initiated by the White House Conference on Aging as one of the first 5 Dementia Friendly communities
- Mayor Mitchell and team strong partners
- BAI holds license, champions efforts and fundraising
- Grassroots efforts/community partnerships that make a difference in the lives of people, families & communities living with dementia
- Recipient of the 2018 Maricopa Association Governments Desert Peaks Award: Public/Private Partnership
- City of Tempe recognized nationally for these collaborative and innovative efforts

Elements Dementia Friends

- Dementia Friends Informational Sessions
 - 3000 Persons Trained
- Dementia Friends Champions
 - 100 Champions
- Memory Café
 - Offers simultaneous programming for person/partner to up to 50 persons each week at Tempe Public Library
- Dementia Friendly Tempe Summit
 - 4th Annual, March 23, 2019 hosted ≈ 200 attendees
- Dementia Friends Sector Training
 - Tempe Fire & Police; City of Tempe employees

Relevant stats

- 5.8 million Americans have Alzheimer's (ADRD)
- 140,000 Arizonans live with disease
- 339,000 Family Caregivers affected
- Estimated increase in cases **42.9%** by 2025
 - Fastest growing state
- According to the Alzheimer's Association
 - 10% of 60+ persons have dementia
 - 50% of 85+ have dementia
- City of Surprise population 135,000
 - 19% are 60+ = 25,650
 - Potentially 5000+ persons with dementia affected
 - As many as 15,000 family caregivers impacted

Dementia Friendly Proposition

- Non-profit collaborators Banner Sun Health Research Institute, Sun Health and Benevilla seek to partner with City of Surprise
- Bring expertise in aging issues: provide extensive services to educate, support and care for older adults/caregivers by way of generous philanthropy without cost to families
- Surprise considers:
 - Proclamation as a Dementia Friendly Community
 - Offers in-kind space for Memory Café to support community needs
 - Leverages community partnerships to improve quality of life for people/families living with dementia
 - Serves as ambassador & supporter

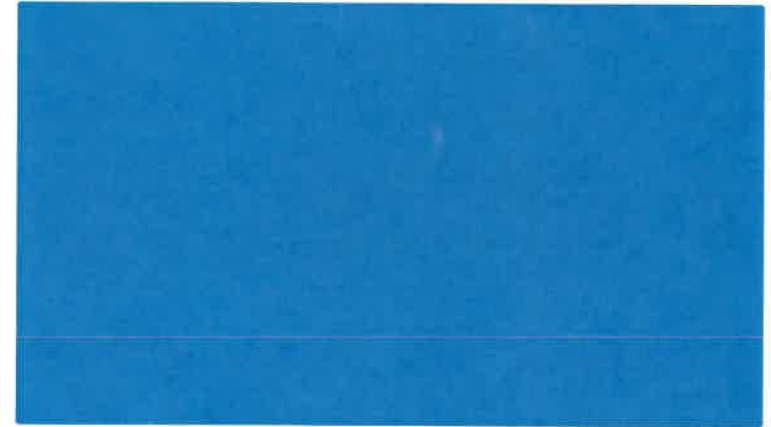
Memory Café Surprise

- Coordinated by BSHRI part-time staff
- Leverages critical partners/volunteers
- Offers program 2 weekday mornings/month for 2-3 hours
- Includes coffee/socialization together
- Caregivers enter support/educational session
- Persons with memory loss engage in cognitive engagement/life enrichment session
- Host 20-50 persons per week

Dementia Friendly Surprise

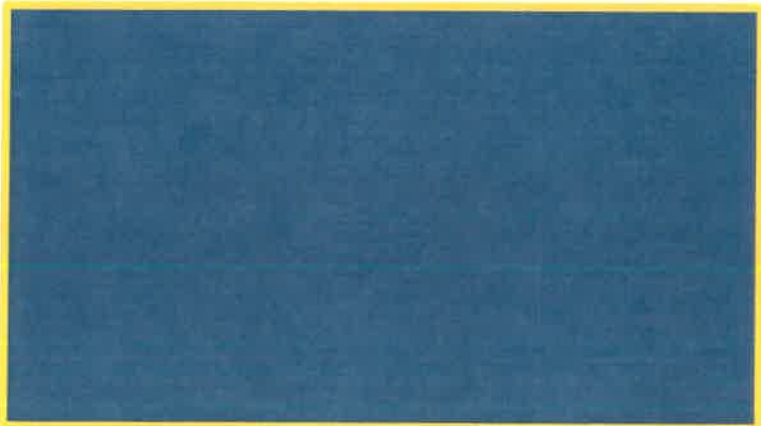
- Surprise wins!
 - Seizes opportunity to be recognized for collaborative and innovative efforts to support community residents
 - Encourages businesses serving older adults to launch and prosper in this city
 - Supports growing number of aging adult residents
 - Recognizes growing sandwich generation of people caring for their kids and parents
 - Raises awareness and lowers stigma
 - Elevates community engagement

Learn More



www.tempe.gov/DFT

www.dfamerica.org/dementia-friends-usa



Thank You

Thank You!